

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

As a mature woman I have large veins on the backs of my hands or I used to. That was the first thing everyone noticed was how much younger my hands and arms looked because the veins no longer protruded. The spider veins on my shin also faded (after about six months) My hands were noticeable after 6 weeks.

Please describe any internal changes experienced relative to pain and tissue inflammation:

We're very fortunate - Bill has Polympalgia & is being weaned off Hydroson which we know is a bad thing but now doing okay with a very small dose & will soon be off completely.

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Blood pressure Excellent.

My doctor encourages me to definitely continue on hemp hearts because it has everything I need.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a 48 year old woman with various health issues, as I take several different medications, I have been using Hemp Hearts to counter-act the nasty side effects of my pills. It's great!

have been using H.H. for 4 years

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We claim that those who consume five heaping tablespoons of Hemp Hearts with long fiber foods for breakfast, who avoid consumption of anything with calories until evening and who then restrict themselves to a bare vegetable salad at 6 PM can lose one pound each day.

Please describe your weight control experiences with Hemp Hearts:

Hemp hearts has helped me control my health & weight a great deal.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

I have a heart condition and taking hemp heart has given me a new bounce in my life. My doctor is intrigued with hemp heart and my good health.

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Please describe your experiences with Hemp Hearts and any serious health condition:

At our age we have of course Health problems. But with proper diet and Hemp Hearts we are happy to manage.
Thanks!!!

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

After last year's physical exam and extensive blood work done, my family doctor described my body's health condition as, "you're in excellent health."