

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed food—minimizing their weight—are often able to improve circulation and reduce their dependence on insulin. Please describe your experiences with Hemp Hearts and any serious health conditions:

I'm happy to report I can't speak to this statement because I don't suffer from diabetes or any other serious health conditions. The way I feel right now I plan to live to be 120, free of pain and the suffering that seems to characterize my generation.

*** PLEASE DO NOTHING TO RESTRICT MY ACCESS TO HEMP HEARTS ***

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I have no serious health conditions - I believe "Hemp Hearts" is working in and thru' me is keeping me healthy and full of energy.

Thanks much bro

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch. Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a 72 year old woman who has been eating Hemp Hearts for a few years. I am in very good health.

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I am a 74yr old Female, I have been taking Hemp Hearts for approx-2 years. I believe Hemp Hearts is good for me - & my heart test say I'm very good, also all my blood test all good-

Please describe changes to blood pressure indicative of changes in the elasticity of arteries.

My blood pressure is always good when I occasionally go for a check up. My legs & feet are not tired after a long walk with my walking boots for a good body workout daily. I am told I don't look my age. My friends & strangers I speak to: That's good. I believe in the Hemp Hearts & I use in my food daily & recommend it to people I meet.

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Please describe your experiences with Hemp Hearts and any serious health condition:

I was given the gift of a visit to a natural wellness doctor & he was blessed for well. He gave me a list of foods to eat & those to avoid. I told him I take hemp hearts every morning & he said "good, good."

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Please describe your experiences with Hemp Hearts and any serious health condition:

I have no serious health condition and even when I get a flu or cough or cold my recovery time is rapid.

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Please describe your experiences with Hemp Hearts and any serious health condition:

I already stated my good health. I am not diabetic but cannot comment there. I can only tell you my heart has vastly improved since I have been on the hemp hearts & I want to stay on them. I have 4 other friends on them now too.