Please describe any internal changes experienced relative to pain and tissue inflammation:
Reduced MS. Spasms
We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods-minimizing their weightare often able to improve circulation and reduce their dependence on insulin.  Please describe your experiences with Hemp Hearts and any serious health condition:
As above my Chrone's is under control.
Please describe any internal changes experienced relative to pain and tissue inflammation:
HAVE HAD IBS
AND THAT HAS BEEN GOOD
We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods—minimizing their weight—are often able to improve circulation and reduce their dependence on insulin.  Please describe your experiences with Hemp Hearts and any serious health condition:
and even when I get a flu or cough or cold my recovery time is rapid.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin. Please describe your experiences with Hemp Hearts and any serious health condition:

At our age we have of course Health problems. But with proper diet and Hemp Hearts we are happy to manage Thanks!!

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

Jam To year ald and lane been using Hemp Hearts for the past year and a half. I have an Megulao heart beat and laggey to enform you my health has greatly improved with 4 TBS of Lemp heart long day. My contribution is regular and healthy cent in Chloristotel is insignificant. Targe improved to my blood pressure as well.

Please describe any internal changes experienced relative to pain and tissue inflammation:
Have not had sluere cramping as

I ded before starting Hemphearts (which is related To I. B. S.)

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

January 18 year old woman with Various

health issues, as I take several different medications, I have been using Hemp Hearts to counter-act the nasty side