

Please describe any internal changes experienced relative to pain and tissue inflammation:

Overall, my body has improved in elimination
- sleep patterns and energy levels

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

A friend told me about Hemp Hearts at least 3 years ago & I have suggested them to a number of my friends, who swear by them. I had problems with arthritis about 5 years. My fingers would swell up & ache. I found the H.H. would help to keep the inflammation down. They would also help my stomach if I was under a lot of stress.

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

I am very energetic and just feel great.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

I have a heart condition and taking hemp heart has given me a new bounce in my life. My doctor is intrigued with hemp heart and my good health.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I HAVE BEEN USING HEMP HEARTS FOR 6 YRS
IN 70 MY LIFE HAS IMPROVED SINCE USING IT
I WOULDN'T DO WITHOUT. GREAT BOOST TO MY HEALTH

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I have been using Hemp Hearts
for 4 years with very good
results

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods—minimizing their weight—are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

I am not diabetic but have noticed
a big improvement in health the last
2 yrs.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods—minimizing their weight—are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

THANKFULLY I AM NOT DIABETIC. ALSO I HAVE BEEN
CANCER FREE FOR 7 YEARS NOW! I GIVE A LOT OF
CREDIT TO THE LIFE STYLE I HAVE ADOPTED, INCLUDING
THE DAILY USE OF HEMP HEARTS AND NO ONE CAN
CONVINCE ME OTHERWISE - INCLUDING THE GOVERNMENT OF
THE U.S. OF A!!