

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

My BP is very good and all my cholesterol levels, especially the HDL is very good. HH has brought up the HDL and lowered the LDL, the Triglyceride are out of this world 😊

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My blood pressure has come down to 120 over 80 and I have reduced my medications as well.

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My blood pressure is much better in the last few years.

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MY BLOOD PRESSURE IS NOW LOWER THAN BEFORE

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My BP used to be somewhat elevated, it is now at a normal level (don't know if hemp hearts "did that").

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Lower B.P.

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How Rare B.P. under control

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Blood pressure was lowered and I am able to maintain 128/76-135/84

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

My blood pressure is reduced to a lower rate than it has been on blood pressure medicine. It has also lowered my cholesterol reading.