

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

BLOOD DOWN BY 10

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THIS IS WHERE THE REAL BENEFIT IS - 109/76 TODAY. DONT EVEN BOTHER TO TAKE IT VERY OFTEN ANYMORE MY PHYSICIAN IS PLEASED.

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irregular blood pressure before temp - hearts, now I maintain 120/60 - 130/70

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I have gone off my high blood pressure medication

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Have retained very good blood pressure

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Blood pressure is starting to lower

* My mother's blood pressure has lowered significantly which she attributes to the hemp hearts.

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My blood pressure stays near 120/70 + Jan 72

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MY DOCTOR'S NURSE CLAIMS I HAVE THE B.P. OF A TEENAGER! WHILE THIS SURELY IS AN EXAGGERATION MY DOC IS PLEASED THAT MY B.P. IS BETTER THAN AVERAGE FOR MY AGE. I ATTRIBUTE THIS HAPPY CONDITION TO 3 THINGS - 1- GENES, 2- CLEAN LIVING (EXCEPT FOR THE RED WINE!) + HEMP HEARTS.

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

MY BLOOD PRESSURE HAS DROPPED
TO APPROX 140-90

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

SLIGHTLY DECREASED B/P.