

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin. Please describe your experiences with Hemp Hearts and any serious health condition:

Dr. English in Toronto wanted to amputate my Right foot as it was Black. I had lost all feeling in my feet & legs up to my knees. Started Hemp hearts & I reversed it all, & have all feeling back & feet are back to color.

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I have Diabetes 2 but with Hemp, I have not to take Pills every day, maby is the hemp.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch. Please describe yourself and the length of time that you have been using Hemp Hearts:

I Ben using Hemp Heart since 2005 I belie when I can afford them. I started ed using hemp because of constipation cured that. Then went back an them & saved my foot & legs.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a woman of 63 yrs of age - have been using hemp hearts for at least 5 yrs (or more) having been diagnosed w diabetes & found hemp hearts help to control it.

Thanks for the fast service I received my order today in perfect condition

FYI

3 months ago I was diabetic my doctor gave me 3 months then more blood tests if things had of gotten worse or didn't change I would have had to take lots of drugs for the rest of my life, My doctor didn't think that I would be able to change that. Until then I didn't eat the seeds as much because I wanted my doctors approval first she hadn't heard much about the benefits but she said that if I am comfortable with them and liked them that they should help but wasn't sure. I was just tested 2 days ago I lost 17 lbs my blood sugar, pressure and everything else she was worried about dropped a very large amount she could not believe the amount of change in such a short time. All I did was cut out almost all the sugar from my diet and eat 1/4 cup of seeds a day no working out nothing. I am now saved from taking pills for the rest of my days I believe your seeds were a big part in that and so does my doctor. For that I thank you

Bob Twi

Feel free to publish my story if you like.

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Please describe your experiences with Hemp Hearts and any serious health condition:**

I come from a family with diabetic tendencies. I know that I will not get the disease as I keep my wt in control and eat healthfully.