

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods—minimizing their weight—are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

*I am a diabetic & since using hemp hearts I do not require insulin.*

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Please describe your experiences with Hemp Hearts and any serious health condition:

*don't use insulin - just diet*

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Please describe your experiences with Hemp Hearts and any serious health condition:

*Although I have diabetes, I do not take insulin*

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Please describe your experiences with Hemp Hearts and any serious health condition:

*I have been very stable*

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For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I had Borderline Diabetes started using Hemp Hearts for almost 1 year. My blood sugar and other concerns have all dropped considerably. I am no longer high risk down to almost normal.

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Please describe your experiences with Hemp Hearts and any serious health condition:

I MAKE A MORNING SHAKE FOR BREAKFAST WHICH INCLUDES HEMP HEARTS, GROUND FLAX, VEGA (VEGAN PLANT BASED PROTEIN SUPPLEMENT GREENS POWDER, COCONUT OIL, GOJI BERRIES, FRUIT AND ALMOND MILK. DURING THE LAST 3 YEARS.. I HAVE HAD TO USE INSULIN ABOUT

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Please describe your experiences with Hemp Hearts and any serious health condition:

My family history on the maternal side shows many with diabetes & complications therefrom. Yet my B. S. level is always in the perfect range. I am very happy to be using hemp hearts & find them a necessary supplement because of the lack of nutrition in our modern day processed

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Doesn't apply to me, but a friend I worked with was an uncontrolled diabetic and when he started using Hemp hearts his numbers were considerably better and in control easier of his diabetes.