

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin. Please describe your experiences with Hemp Hearts and any serious health condition:

I have been able, through weight maintenance (curbing cravings for sweets, carbs & fats) to completely eliminate the use of the insulin pills I used to take twice a day.

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My son is diabetic & he finds it is one of the things he can eat to keep his blood sugars more level.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch. Please describe yourself and the length of time that you have been using Hemp Hearts:

I am diabetic - Have used Hemp hearts for nearly 1 year - have kept my sugars, mostly below "6" with hemp in AM.

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Decrease of diabetes medication

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We claim that those who consume five heaping tablespoons of Hemp Hearts with long fiber foods for breakfast, who avoid consumption of anything with calories until evening and who then restrict themselves to a bare vegetable salad at 6 PM can lose one pound each day.

Please describe your weight control experiences with Hemp Hearts:

Since my husband has diabetes, Hemp Hearts helps very much to control our weight, as well sugar level.

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Please describe your experiences with Hemp Hearts and any serious health condition:

I have diabetes and since using Hemp my blood sugar stays about 6. I feel very good.

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Please describe your experiences with Hemp Hearts and any serious health condition:

SINCE TAKING HEMP HEARTS AND MODERATE EXERCISING I HAVE LOST OVER 50 LBS. MY DIABETES WENT FROM 10-12 TAKING 4 GLIBURIDE AND 5 METFORMIN TO 2 GLIBURIDE A DAY WITH BLOOD SUGARS 5.1-7.5

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Please describe your experiences with Hemp Hearts and any serious health condition:

Since I started taking hemp hearts I have been able to keep my sugar in the 6 range and am not on any medications.