

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

- use: 2 years
- I have lost approximately 90 lbs and although a diabetic, I have experienced much improved glucose level consistency.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

I am diabetic, very good control

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Please describe your experiences with Hemp Hearts and any serious health condition:

Decision of doctor - reduce oral medication for diabetes to 2 pills per day.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

AGE 57 Male 210# USED HEMP HEARTS  
OVER 3 yrs Able to lose 10% body weight  
Able to control type 2# diabetic without pills for three  
years. Blood pressure pills cut 50%

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I believe that I have been using this product for at least 5 yrs. I am a diabetic (now for 8 yrs) & this product is part of my morning diet. It keeps my sugar readings in the "normal" range when added to my morning drink.

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Please describe your experiences with Hemp Hearts and any serious health condition:

I'm a type 2 diabetic and I can keep my blood sugars between 74-11 when taking Hemp Hearts.

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Please describe your experiences with Hemp Hearts and any serious health condition:

my husband has cut down on his insulin.

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Please describe your experiences with Hemp Hearts and any serious health condition:

I have been a diabetic since 1980. And in the last few years, my blood sugar levels have been great. I believe that the Hemp Hearts are what helps to keep it under control.