

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

I've been using Hemp hearts for 3-4 yrs and use it in the morning on cereal or eggs. Being diabetic I find it really controls my cholesterol, and only take 2 melformin twice a day for my Diabetes.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

I take no medication for my type II diabetes and my "numbers" are excellent including my A1C, lipids, triglycerides, cholesterol, etc.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

I am a Type 2 diabetic. I started Hemp Hearts to regulate my system. It has worked very well. Because I am now in better health, my blood sugars have stabilized and the amount of 2X insulin has been reduced + no other medications.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

DIABETIC 2 - WAS - NOW FREE OF SAME

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.  
Please describe yourself and the length of time that you have been using Hemp Hearts:

I have been using Hemp Hearts for 5 years on a regular basis as I am pre-diabetic. It helped me cut down on sweets and kept me regular with no increase in weight.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.  
Please describe yourself and the length of time that you have been using Hemp Hearts:

I AM A 6 foot 3" male. I am 55 years old. Six years ago I was diagnosed with diabetes, Type Two diabetes. The hospital education centre put me on their food guide and I started tracking my blood sugars.  
IN the following two years, I searched for correct dietary guidance. I was thin and weak and my blood sugars were always too high. I finally found my bible - The Paleo Diet. Hemp has been part of that diet for four years.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.  
Please describe your experiences with Hemp Hearts and any serious health condition:

My wife is a diabetic but she does not use insulin and she maintains her diabetes very good.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.  
Please describe your experiences with Hemp Hearts and any serious health condition:

It has kept my diabetes level doesn't spike up & down