

Please describe any internal changes experienced relative to pain and tissue inflammation:

I used to have alot of joint pain especially hips but now its practally all gone.

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After a few years of taking lemp, I decided to "cut back" I knew it was not ~~an~~ imaginary, I ached more and was constantly stiff. Constipation and lethargy occurred often.

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I don't seem to suffer at much with the arthritis in my hands and my hips do not pain me like they use to.

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NO PAIN OR INFLAMMATION  
INTERNALLY EXPERIENCED.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a 50 yr old female, suffering from fibromyalgia & lupus. I have been eating the hemp hearts for the past 7 months, & since I have incorporated them into my daily diet, I have never felt better in my whole life! I feel that I have a new lease on life!

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Arthritis pain & accompanying inflammations - GONE!

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health—reduced tissue inflammation and improved tissue elasticity.

Please describe any external changes experienced with respect to skin and hair conditions:

This is true. my body does not ache like I had fibromyalgia

Please describe any internal changes experienced relative to pain and tissue inflammation:

I have thoracic outlet syndrome & it has helped with the pain