We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue healthreduced tissue inflammation and improved tissue elasticity. Please describe any external changes experienced with respect to skin and hair conditions:
My Skin now has very little acne, which I've suffered from most of my life, I've noticed that my hair seems hearthier & thicker. I didn't know that this could be a bennefit of taking hamp hearts. Bonus
We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health-reduced tissue inflammation and improved tissue elasticity. Please describe any external changes experienced with respect to skin and hair conditions:
My Skin & Law are great, younger & brighter looking.
We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue healthreduced tissue inflammation and improved tissue elasticity. Please describe any external changes experienced with respect to skin and hair conditions:
They skin is not as chy as it use to be. Much nice
My han use to fall out. Every time I combed a brushed my land I get warried about
My hair use to fall out. Every time I combed as brushed my hair I was loosing hair and starting to get warried about may be going bald-and my hair was dry. Slank God + Hemp Hearts all is well now!
We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue healthreduced tissue inflammation and improved tissue elasticity. Please describe any external changes experienced with respect to skin and hair conditions:

Skrit hair All Shaw Changes for the hetter. Skin is clearer & hair is thick & Glassy.

we claim that who minimize improved tissupplemental please described to the control of the contr	their weight b	y avoiding su	igar, starche	s.and process and improved	sed foods, inev I tissue elastic skin and hair o	ity.
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of Sco.	NOT PUF	RCHES -	MRS NOW MAIR 18	Stree THE	My FACE S. EX + CORK	KIM 25 0 (TW 71)