

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health--reduced tissue inflammation and improved tissue elasticity.

Please describe any external changes experienced with respect to skin and hair conditions:

I'm Told I Look 10 YRS YOUNGER - "AT LEAST"
DIET & REST STILL HAVE FULL HEAD OF HAIR

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My hair and skin are healthy
Hemp Hearts are a contributing factor.

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I've noticed that since using hemp hearts that my skin is not quite as dry as it used to be.

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I am 85 years old, no wrinkles and my hair are white ~~but~~ lots of of it

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My skin + hair are well hydrated since using your product. My hair no longer falls out and my skin is no longer dry & scaly.

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MY DOCTOR GAVE A EXCELLENT BILL OF HEALTH. I DO NOT LOOK MY AGE. I WILL NOT GO WITHOUT EATING MY HEMP HEARTS

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Healthier glow in complexion
Eyes look clearer

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Both are healthy - my hair grows fast + healthy.
