

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health—reduced tissue inflammation and improved tissue elasticity.

Please describe any external changes experienced with respect to skin and hair condition:

Because of the oil in the hemp my skin is
more pliable & smoother
My hair + nails grow faster and healthier than
has ever been

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Please describe any external changes experienced with respect to skin and hair conditions:

For my age, my hair and skin are in
very good condition. I often receive complimentary
remarks about my wrinkle free skin.

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Please describe any external changes experienced with respect to skin and hair conditions:

SINCE I BEEN USING THIS PRODUCTS FOR
5 YRS, PEOPLE BELIEVE THAT I AM NOT
LOOK MY AGE.

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Please describe any external changes experienced with respect to skin and hair conditions:

My skin does feel softer + more pliable
since using hemp hearts. My hair is softer +
less coarse. It feels healthy now.

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Please describe any external changes experienced with respect to skin and hair conditions:

My hair is thick & shiny. I don't have any inflammation

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Please describe any external changes experienced with respect to skin and hair conditions:

I do not have dry skin or hair since using hemp hearts.

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Please describe any external changes experienced with respect to skin and hair conditions:

Definitely helps me feel better in general - My skin & hair are healthy looking

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Please describe any external changes experienced with respect to skin and hair conditions:

At 66 Yrs of AGE. I HAVE VIRTUALLY NO GRAY HAIR. IT IS FINE HAIR, BUT LOTS OF IT. MY SKIN HAS LOST SOME OF ITS ELASTICITY, (WHICH IS NORMAL FOR MY AGE) YET I STILL HAVE A HEALTHY GLOW TO MY SKIN!