

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health--reduced tissue inflammation and improved tissue elasticity.

Please describe any external changes experienced with respect to skin and hair conditions:

agree

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Please describe any external changes experienced with respect to skin and hair conditions:

*Skin is not dry.
Hair is not dry.*

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Please describe any external changes experienced with respect to skin and hair conditions:

I noticed my hair and nails grow fast and my skin is not so dry.

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Please describe any external changes experienced with respect to skin and hair conditions:

Skin is less acne prone.

True

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Please describe any external changes experienced with respect to skin and hair conditions:

clear complexion with most of my hair retained.

Have introduced others to your fine products.

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my complexion is much better.

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I have noticed an improvement over the years of acne and dandruff.

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SKIN - 15 YEARS ~~YOUNGER~~

YOUNGER LOOKING.

HAIR MORE GOOSY