

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.
Please describe your experiences regarding energy and Hemp Hearts:

See above for Hemp heart consumption -
I have steady energy levels throughout the day.

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.
Please describe your experiences regarding energy and Hemp Hearts:

True as stated above!

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Please describe your experiences regarding energy and Hemp Hearts:

I FIND MY ENERGY IS GREATLY
INCREASED WHEN WITH HEMP HEARTS

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Please describe your experiences regarding energy and Hemp Hearts:

I have energy all day

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

I had a fatigue problems for years before taking hemp and it has greatly improved my problem with fatigue.

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Please describe your experiences regarding energy and Hemp Hearts:

My energy level is good untill 9 to 10 at night.

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Please describe your experiences regarding energy and Hemp Hearts:

I feel I have ~~no~~ more energy when using them.

I'm walking up to 6 miles a day beside my regular house work.

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Please describe your experiences regarding energy and Hemp Hearts:

I do feel I have more energie than before overall I feel a lot better.