

We need the assistance of those who are using Hemp Hearts. Your reply will be used on an informational web site to defend Hemp Hearts against US government and other challenges.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am 73 years old, active and always working in yard, gardens, housework, hobbies, walk dog 3x day. Have more energy. Sleep 10 hours a night. Feel great. Been on hemp heart 2 years.

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

very true

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Please describe your experiences regarding energy and Hemp Hearts:

My energy level is high all day. I am 63 yrs. old and retired. I accomplish my regular household and outdoor gardening chores with ease. I have a regular exercise routine daily. I do not have naps during the day.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

Stable good health. My noticeable change is increase in energy.

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Please describe your experiences regarding energy and Hemp Hearts:

I definitely have more energy in the morning

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Please describe your experiences regarding energy and Hemp Hearts:

I believe I have extra energy due to Hemp Hearts

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Please describe your experiences regarding energy and Hemp Hearts:

Since I've taking the Hemp Hearts I have much, much more energy than I used to have. And I feel more alive.

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Please describe your experiences regarding energy and Hemp Hearts:

ENERGY LEVEL HAS IMPROVED DRAMATICALLY STRAIGHT THROUGH TO BED TIME