

2.

We claim that those who consume five heaping tablespoons of Hemp Hearts with long fiber foods for breakfast, who avoid consumption of anything with calories until evening and who then restrict themselves to a bare vegetable salad at 6 PM can lose one pound each day. Please describe your weight control experiences with Hemp Hearts:

No problem with weight control.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch. Please describe yourself and the length of time that you have been using Hemp Hearts:

Homemaker with home-based business (HGE-67). Have been supplementing breakfast with hemp hearts for a year - best I've tried - helps to control weight because my hunger is satisfied for the day, until my evening meal.

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I didn't try this, but seem to control my weight quite well.

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It has helped me to keep my weight under control

We claim that because of the protein content of Hemp Hearts those who eat five heaping tablespoons of Hemp Hearts early each morning will not normally be hungry at lunch time and will be able to avoid the starches usually consumed for lunch.

Please describe your experience regarding hunger and Hemp Hearts:

Hemp Hearts satisfies my craving for Food and I can maintain a lower weight level.

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Please describe your weight control experiences with Hemp Hearts:

The high amount of protein in combination with its ability to suppress hunger has helped me dramatically to control my weight.

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Please describe your weight control experiences with Hemp Hearts:

AS MENTIONED EARLIER, MY WEIGHT IS NOW UNDER CONTROL. BECAUSE I'M NOT HUNGERY ALL THE TIME, I'M NOT EATING ALL THE TIME AND I FEEL COMPLETELY SATISFIED.

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Please describe your experience regarding hunger and Hemp Hearts:

I'VE ALWAYS HAD A PROBLEM WITH MY WEIGHT AND OVER EATING. I'VE FOUND THAT SINCE EATING HEMP HEARTS, MY ^{CONSTANT} HUNGER IS A THING OF THE PAST AND MY WEIGHT IS NO LONGER SUCH A BIG PROBLEM