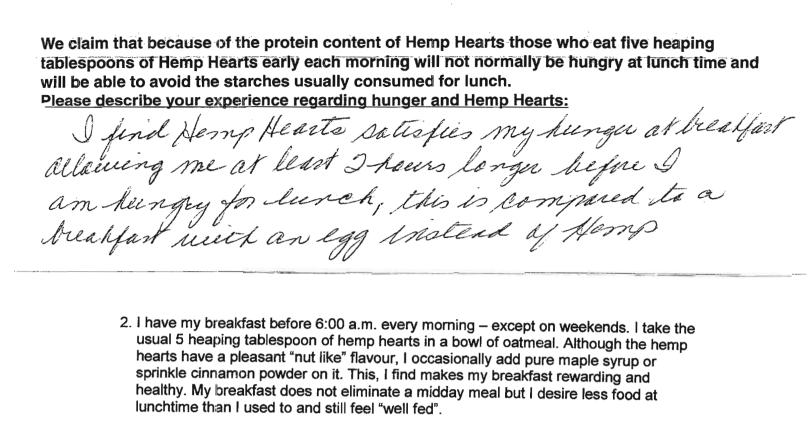
tablespoons of Hemp Hearts early each morning will not normally be hungry at lunch time and will be able to avoid the starches usually consumed for lunch.  Please describe your experience regarding hunger and Hemp Hearts:  Hemp hearts definitely curb four hungry at lunch time and your facility and feeling at
We claim that because of the protein content of Hemp Hearts those who eat five heaping
tablespoons of Hemp Hearts early each morning will not normally be hungry at lunch time and will be able to avoid the starches usually consumed for lunch.  Please describe your experience regarding hunger and Hemp Hearts:
YES THIS STATEMENT IS TRUE AND IT FOR MANY
YOU UP AND NOT HUNGRY FOR MANY
Hours,
We claim that because of the protein content of Hemp Hearts those who eat five heaping tablespoons of Hemp Hearts early each morning will not normally be hungry at lunch time and will be able to avoid the starches usually consumed for lunch.  Please describe your experience regarding hunger and Hemp Hearts:
It was my habit to have a protein shake for hureakfast
and was always hungry before noon. Since having found themp teans I am satisfied until 2pm or
found themp thearts I am salisfied will 2pm or later.
We claim that because of the protein content of Hemp Hearts those who eat five heaping tablespoons of Hemp Hearts early each morning will not normally be hungry at lunch time and will be able to avoid the starches usually consumed for lunch.  Please describe your experience regarding hunger and Hemp Hearts:  I use two heaping tablesporms of Hemp Hearts  wery morning mostly in my batment. I'm usually good till 2 P.M. or later, before I feel hungry



We claim that because of the protein content of Hemp Hearts those who eat five heaping tablespoons of Hemp Hearts early each morning will not normally be hungry at lunch time and will be able to avoid the starches usually consumed for lunch.

Please describe your experience regarding hunger and Hemp Hearts:

That exactly right, I have very 400 5 tallespoon livery morning

are with holled orats or Raisin Bran

I never get Rungry by 11:00 AM one more

Some days Leven vivis dinner, But I god hungary

buy 300 4:00 PM

We claim that because of the protein content of Hemp Hearts those who eat five heaping tablespoons of Hemp Hearts early each morning will not normally be hungry at lunch time and will be able to avoid the starches usually consumed for lunch.

Please describe your experience regarding hunger and Hemp Hearts:

I do not use five toblessoon each morning as I have it on my portudge or lived a that amount would be too felling at hench I have about three tablespoons and I am not hungly at hench I have a we usually have a plry light herch.